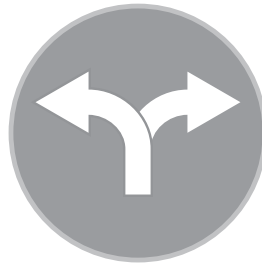


Decision Making

Skill Cues ■ Grades 6-12

STANDARD 5

Students will demonstrate the ability to use decision-making skills to enhance health.



DECIDE

Determine the decision

- What is it?
- Does it require thought?
- Does it require help?

Examine options

Consider consequences

Identify values and possible influences that may affect the situation

Decide on the healthiest option and act on the decision

Evaluate the outcome